

Cultivating long term improvement in skills, mindsets, and outcomes for both youth and adults



SEL CURRICULUM BY JOURNEYMAN INK

A holistic curriculum that enhances classroom climate, positive interactions, and authentic connections between both students and teachers

STORY OF ME



Observables:

- Aha-moments of self-discovery
- Increased willingness to discuss personal stories.
- Verbal and written expression of connecting beliefs with actions and outcomes
- Growing engagement with writing (*journaling, poetry, exercises*)

solidifying **IDENTITY** with **SELF-AWARENESS**

My voice has power to speak my truth and share my light

EMPATHY improves our **RELATIONSHIP SKILLS**

Developing a culture of listening

Observables:

- Aha-moments about others
- Increased student to student eye contact
- Unprompted student affirmations
- Growing engagement with peer interactions (*laughter, discussion disagreements*)

STORY OF YOU



STORY OF US



Observables:

- Aha-moments about groups
- Knowing and using students' names
- Improved communication about mindsets and beliefs
- Growing engagement with celebrating differences (*encouraging and defending one another*)

encouraging **UNITY** with **SOCIAL AWARENESS**

There is no support like peer to peer support

ACTIVATION teaches **RESPONSIBLE DECISION MAKING**

H.O.P.E. - Helping Other People Everyday

Observables:

- Aha-moments about being brave
- Decreased instances of student emotional dysregulation
- Increased peer support
- Growing engagement with personal expression (*asking for help, advocacy, public sharing*)

STORY OF NOW

